



















## "A heemo-WHAT?!!!"

By Joan King

"You have a hemangioma."

(Well, whatever that is, it sure sounds awful, doesn't it? Why doesn't the doctor look worried? What is it? Is it dangerous? Isn't anything that ends with "-oma" a tumour? Is it cancer?)

Actually, the doctor usually says, "Oh, it's JUST a hemangioma." Yes, in fact, it is a tumour. It is a tangle of blood vessels that appear to invade surrounding tissue. A hemangioma, by definition, is not cancerous. Three out of one hundred people even without hepatitis have one. Usually hemangiomas need no treatment and cause no problems. The difficulty is for the doctor to decide if what appears on the ultrasound is, indeed, a hemangioma, and not something else. One way to do this is to wait and see. If it grows, it's not a hemangioma. Usually the diagnosis is quite obvious to the doctor. Sometimes it's not, and then more steps should be taken, such as

1. An alpha-fetoprotein test.
2. A CAT scan
3. An ultrasound-guided biopsy

Some studies have shown that *up to 50% of supposed hemangiomas in people with cirrhosis are, in fact, liver cancers*, and researchers suggest further studies on all hemangiomas in patients with cirrhosis. If your doctor won't do further studies, basing the opinion only on an ultrasound without a contrasting agent (an IV dye), a second opinion might be warranted, especially in patients with hepatitis C, and more especially if you have cirrhosis.

### Sources:

*Nippon Shokakibyō Gakkai Zasshi* 1995 Jan;92(1):41-46 PMID: 7861625

*Radiology* 2000 Jan;214(1):167-172 PMID: 10644118

Caturelli E, et al, *Ospedale Casa Sollievo della Sofferenza, Foggia, Italy. Hemangioma-like lesions in chronic liver disease: diagnostic evaluation in patients.* PMID: 11477234

*Eur Radiol* 2001;11(9):1578-1593 PMID: 11511877



From left to right: Rudy Lang, Joan King, Jan Lukas, Carolyn Caveney, C.D. Mazoff

## LIVING WITH HEP C & LIVER DISEASE WORKSHOPS

**Sept. 25** Viral Hepatitis and Liver Health -Dr. John Farley

**Oct. 2** Diet and Nutrition- Lori Fortier

**Oct. 9** Co-Infection HCV/HIV - Dr. Chester Morris

**Oct. 16** Cooking for Wellness

**Oct. 23** Resources & Relaxation- Marlaine Vanering

**Oct. 30** Milk Thistle and More! -Dr. David Bayley

**Nov. 6** HepC Treatment Information- Dr. Frank Anderson

All are held at the **Coal Harbour Community Centre**, Vancouver. Call to register with the CLF 1-800-856-7266

## THUNDER BAY HIV/HCV CONFERENCE

**What?:** "Opening More Doors" Northwestern Ontario Regional HIV/AIDS Counselling Conference & Hepatitis C Forum

**When?:** October 25-26, 2001

### For further information contact:

Darlene Taylor, Hepatitis C Coordinator, Thunder Bay District Health Unit,

Victoriaville Clinic, 125 S. Syndicate Ave., Thunder Bay, ON, CA P7E 6H8.

Tel (807)624-2002 Fax (807)622-6195

## HEPATITIS C CARE, TREATMENT, PREVENTION: IMPLICATIONS FOR CAREGIVERS NIAGARA-ON-THE-LAKE

**Where?:** White Oaks Inn (General Conference Room) Niagara-on-the-Lake, Ontario

**When?:** Oct. 15, 2001, 1:30 p.m. to 5 p.m.

### Who?:

#### Dr. W. Richard Bond

*Chairman of the Board of Directors, Hepatitis C Society of Canada*

#### Dr. David Wong, M.D. (FRCPC)

*Assistant Professor, Dept of Medicine at McMaster University.*

#### Dr. Helga Witt-Sullivan, M.D.

*Assistant Professor, Dept of Medicine at McMaster University.*

"Hepatitis C, Epidemiology, Transmission Natural History of the Hepatitis C Virus"

#### Jamie Wiebe Ph.D.

*Canadian Centre on Substance Abuse, HCV and Injection Drug Use*

"The Management and Treatment of Hepatitis C"

*Hosted by The Hepatitis C Society of Canada Niagara Chapter.*

Everyone Welcome  
Refreshments provided  
RSVP by phone or fax (905) 682-6194

## COMPENSATION

### BRITISH COLUMBIA

#### 1986-1990

Bruce Lemer/Grant Kovacs Norell  
Vancouver, BC

Phone: (604) 609-6699 Fax: (604) 609-6688



#### Before August 1, 1986 or 1990-1991

David A Klein/ Klein Lyons

Legal Assistants: Carol Anton or Jeanette Cheung

Vancouver, BC (604) 874-7171, 1-(800) 468-4466, Fax (604) 874-7180

also:

William Dermody/Dempster, Dermody, Riley and Buntain

Hamilton, Ontario L8N 3Z1

(905) 572-6688

The toll free number to get you in touch with the **Hepatitis C Counsel** is 1-(800) 229-LEAD (5323).

### ONTARIO AND OTHER PROVINCES

#### Pre 1986/post 1990

Mr. David Harvey/ Goodman & Carr

Toronto, Ontario

Phone: (416) 595-2300, Fax: (416) 595-0527

### TRACEBACK PROCEDURES:

### INQUIRIES-CONTACT:

The Canadian Blood Services

Vancouver, BC

1-(888) 332-5663 (local 207)

This information is for anyone who has received blood transfusions in Canada, if they wish to find out if their donors were Hep C positive.

### RCMP Task Force TIPS Hotline

(Toll free) 1-(888) 530-1111 or 1 (905) 953-7388

Mon-Fri 7 AM-10 PM EST

### CLASS ACTION/COMPENSATION

THIS SERVICE, USUALLY PROVIDED 24 HOURS A DAY FREE OF CHARGE BY LESLIE GIBBENHUCK, HAS BEEN SUSPENDED DUE TO NON-RENEWAL OF HEALTH CANADA-FUNDING.

National Compensation Hotline: 1-(888) 726- 2656

### ADMINISTRATOR

To receive a compensation claims form package, please call the Administrator at 1(888) 726-2656 or 1 (877) 434-0944.

[www.hepc8690.com](http://www.hepc8690.com) [info@hepc8690.com](mailto:info@hepc8690.com)

*\*\*Should you have any questions about the status of your claim (86-90), please contact the administrator. They should answer all of your questions. If, however, they do not, then please contact Bruce Lemer who has promised me that he would answer your questions at no charge.—C.D. Mazoff*

## COMING UP IN BC/YUKON:

**Armstrong HepCure** Office and library, by appointment. Contact: Marjorie, 546-2953, [ambers@sunwave.net](mailto:ambers@sunwave.net), [www.junction.net/hepcure](http://www.junction.net/hepcure)

**Castlegar** Contact: Robin, 365-6137

**Chilliwack BC HepTalk** Contact: 856-6880.

**Comox Valley HeCSC** Meetings: 3<sup>rd</sup> Tues. monthly, 7-9 PM, St. George's United Church on Fitzgerald. Next meeting Oct. 16<sup>th</sup> Contact: Jayne, 336-2485 or Dan, 338-0913, [Rhagen@mars.ark.com](mailto:Rhagen@mars.ark.com)

**Cowichan Valley Hepatitis C Support** Contact: Leah, 748-3432.

**Cranbrook HeCSC-EK:** Meetings: 1<sup>st</sup> & 3<sup>rd</sup> Tues. monthly, 2-4 PM, #39 13<sup>th</sup> Ave South, Lower Level. Next meetings Oct. 2<sup>nd</sup> & 16<sup>th</sup>. Contact: 426-5277 or 1-866-619-6111 [hepc@cmha-ek.org](mailto:hepc@cmha-ek.org), [www.cyberlink.bc.ca/~hecsc-ek/](http://www.cyberlink.bc.ca/~hecsc-ek/)

**Creston/Golden/Invermere** Educational presentation and appointments: Contact Katerina 426-5277

**Grand Forks Hep C Support Centre** Each Mon, 3:30-5:30 PM, & 1<sup>st</sup> Mon. monthly, 6:30 PM, 7215 2nd St. (Boundary Women's Resource Centre) Contact Ken, 1-800-421-2437

**HepCBC INFO Line.** Free medical articles & other info. Contact: David, (250) 361-4808, [info@hepcbc.org](mailto:info@hepcbc.org), [www.hepcbc.org](http://www.hepcbc.org)

**Kelowna HeCSC** Meetings: 1<sup>st</sup> Sat. monthly, 2-4 PM, Rose Avenue Education Room, Kelowna General Hospital. (Please call to confirm.) Next Meeting: Oct. 6<sup>th</sup>. Contact Elaine Risely (250) 768-3573 or Merv, 862-2437.

**Kimberley Support Group** Meetings: 1<sup>st</sup> Mon. monthly, 1-3 PM. Next meeting Oct. 1<sup>st</sup>. Contact Katerina 426-5277

**Kootenay Boundary** Meetings: 2<sup>nd</sup> & 4<sup>th</sup> Tues. monthly, 7 PM, 1159 Pine Ave, Trail. Next meetings: Oct. 9<sup>th</sup> & 23<sup>rd</sup> For individual support, info & materials, contact: Brian, 368-1141, [k-9@direct.ca](mailto:k-9@direct.ca).

**Maple Ridge** New group starting. Contact Peter or Laura-Lea 604-463-0223 or [madclark@telus.net](mailto:madclark@telus.net)

### Mid Island Hepatitis C Society

- **Ladysmith** Friendship and Support Group. Meetings: Every Wednesday except the 4<sup>th</sup>, 2 PM, Ladysmith Resource Centre. Contact Sue 245-7635.

- **Nanaimo** Friendship and Support Group Meetings: Weekly Friday afternoons, 2 PM, Nanaimo Community Building, 285 Pridau Street, Nanaimo. Contact Barb 756-9631 [bwreg-gitt@home.com](mailto:bwreg-gitt@home.com)

**Mission Hepatitis C and Liver Disease Support Group** Meetings: 3<sup>rd</sup> Wed. monthly, 7 PM, Springs Restaurant, 7160 Oliver St. Next meeting Oct. 17<sup>th</sup>. Contact Gina, 826-6582 or Patrick, 820-5576. [missionsupport@eudoramail.com](mailto:misionsupport@eudoramail.com)

**Nakusp Support Group Meetings:** 3<sup>rd</sup> Tues. monthly, 7 PM, Nakusp Hospital Boardroom. Next meeting: Oct. 16<sup>th</sup>. Contact: Ken, 1-800-421-2437

**Nelson Hepatitis C Support Group** Meetings: 1<sup>st</sup> Thurs. monthly. ANKORS Offices, 101 Baker St., Next meeting: Oct. 4<sup>th</sup>. Topic: Traditional Chinese Medicine and Hep C...Can it Help?, Warren Fischer TCMD. Contact: Ken Thomson, 1-800-421-2437, 505-5506, [info@ankors.bc.ca](mailto:info@ankors.bc.ca), or Ken Forsythe 355-2732, [keen@netidea.com](mailto:keen@netidea.com)

**New Westminster Support Group** Meetings: 2<sup>nd</sup> Mon. monthly, 7-8:30 PM, First Nations' Urban Community Society, Suite 301-668 Carnarvon Street, New Westminster. Next meeting Oct. 8<sup>th</sup>. Contact: Dianne Morrissett, 525-3790.

**Parksville Support Group** Contact Ria, 248-6072

**Parksville/Qualicum** 102a-156 Morison Avenue, PO Box 157, Parksville, BC V9P 2G4. Open daily from 9AM to 4 PM, M-F. Contact: 248-5551, [sasg@island.net](mailto:sasg@island.net)

**Penticton Hep C Family Support Group** Contact: Leslie, 490-9054, [bchepec@telus.net](mailto:bchepec@telus.net)

**Powell River Hep C Support Group:** Contact: Cheryl at 483-3804, or the Health Unit at 485-8850.

**Prince George Hep C Support Group** Meetings: 2<sup>nd</sup> Tues. monthly, 7-9 PM, Health Unit Auditorium. Next meeting Oct. 9<sup>th</sup>. Contact: Gina, 963-9756, [gwrick-aby@telus.net](mailto:gwrick-aby@telus.net) or Ilse, [ikuepper@nirhb.bc.ca](mailto:ikuepper@nirhb.bc.ca)

**Princeton** Meetings: 2<sup>nd</sup> Sat. monthly, 2 PM, Health Unit, 47 Harold St. Next meeting Oct. 13<sup>th</sup>. Contact: Brad, 295-6510, [citizenk@nethop.net](mailto:citizenk@nethop.net)

**Queen Charlotte Islands/Haida Gwaii:** Phone support. Contact Wendy: 557-9362, e-mail: [wmm@island.net](mailto:wmm@island.net), [www.island.net/~wmm/](http://www.island.net/~wmm/)

**Quesnel:** Meetings last Mon. evening every other month. Contact Elaine Barry, 992-3640, [ebarry@goldcity.net](mailto:ebarry@goldcity.net)

**Richmond: Lulu Island AIDS/Hepatitis Network:** Meetings/drop-in dinner each Mon. 7-9 PM. Contact Phil or Joe, 276-9273.

**Slocan Valley Support Group** Meetings: Contact: Ken, 355-2732, [keen@netidea.com](mailto:keen@netidea.com)

**Smithers: Positive Living North West** Meetings: 2<sup>nd</sup> Wed. monthly, 7-9 PM, 3731 1<sup>st</sup> Avenue, Upstairs. Next meeting: Oct. 10<sup>th</sup>. Contact: Deb. 877-0042, 1-866-877-0042, or Doreen, 847-2132, [plnw\\_hepc@bulkley.net](mailto:plnw_hepc@bulkley.net)

**Sunshine Coast—Sechelt:** Contact: Kathy, 886-3211, [kathy\\_rietze@uniserve.com](mailto:kathy_rietze@uniserve.com)—**Gibsons:** Contact Bill, pager 740-9042

**Vancouver HepHIVE:** Contact: 254.9950 [hephive@mdi.ca](mailto:hephive@mdi.ca) Meetings:

- **Carnegie Centre** Hep C & HIV/HCV Meetings: Each Mon., except holidays, 4:30-6 PM, 3<sup>rd</sup> floor, room 2.

- **HepHIVE and HepC VSG** Hep C & HIV/HCV Meetings: Last Wed. monthly, 10:30-12:30, BCCDC Building, 655 West 12<sup>th</sup> Tom Cox Boardroom 2<sup>nd</sup> floor. Next meeting Aug. 29<sup>th</sup>.

**VANDU Vancouver Area Network of Drug Users** Meetings each Mon., 1 PM, #350 - 163 West Hastings St., (Cambie & Hastings) Bus fare and snack. Contact: Ed or Ann, 683-8595, [vandu@vandu.org](mailto:vandu@vandu.org), [annlive@direct.ca](mailto:annlive@direct.ca), [www.vandu.ca](http://www.vandu.ca)

**Vernon HeCSC HEPLIFE** Meetings: 2<sup>nd</sup> & 4<sup>th</sup> Wed. monthly, 10 AM-1 PM, The People Place, 3402-27<sup>th</sup> Ave. Next meetings Oct. 10<sup>th</sup> & 24<sup>th</sup>. Contact: Sharon, 542-3092, [sgrant@netcom.ca](mailto:sgrant@netcom.ca)

**Victoria HeCSC** Meetings: 1<sup>st</sup> Mon. monthly, 6:30-9 PM, CHR 1947 Cook St. Multi-Purpose Room and last Wed., St. John's, 1-3 PM. Contact: 388-4311, [hepcvic@coastnet.com](mailto:hepcvic@coastnet.com)

**Victoria Support and Discussion Group** Meetings: 1<sup>st</sup> Wed. monthly, 7-9 PM, Next meeting Oct. 3<sup>rd</sup>. Contact Hermione, Street Outreach Services 384-1345, [hermione@avi.org](mailto:hermione@avi.org)

**Victoria HepCBC Support Groups** Small support groups for men or women. Men, contact David at 361-4808, [cdm@hepcbc.org](mailto:cdm@hepcbc.org) Women, contact Joan at 595-3882, or [jkjng@hepcbc.org](mailto:jkjng@hepcbc.org)

**Yukon Positive Lives** Meetings: 3<sup>rd</sup> Wed. monthly, Whitehorse. Next meeting Oct. 17<sup>th</sup>. Contact 456-2017, [positivelives@yknet.yk.ca](mailto:positivelives@yknet.yk.ca) or Heather, [fromme@marshlake.polarcom.com](mailto:fromme@marshlake.polarcom.com), [www.positivelives.yk.ca](http://www.positivelives.yk.ca)

## OTHER PROVINCES

### ATLANTIC PROVINCES:

**Atlantic Hepatitis C Coalition**, QEII Health Sciences Centre, Bethune Building, Rm 223, 1278 Tower Road, Halifax, TEL: 420-1767 or 1-800-521-0572, [r.ahcc@ns.sympatico.ca](mailto:r.ahcc@ns.sympatico.ca), [www.ahcc.ca](http://www.ahcc.ca) Meetings:

- **Antigonish:** 2<sup>nd</sup> Wed. monthly, 7 PM, St. Martha's Health Centre, 25 Bay St. Level 1 Conference Room
- **Bridgewater:** Last Wed. monthly, 7 PM, South Shore Regional Hospital, 90 Glen Allen Dr., Private Dining Room
- **Halifax:** 3<sup>rd</sup> Tues. monthly, 7 PM, QEII Health Sciences Centre, 1278 Tower Rd, Dickson Bldg, Rm 5110
- **Kentville:** 2<sup>nd</sup> Tues. monthly, 6:30 PM, KingsTech Campus, 236 Belcher St, Rm 214
- **Truro:** Last Tues. monthly, 7 PM, Colchester Regional Hospital, 25 Willow St, Conference Room
- **Yarmouth:** 1<sup>st</sup> Tues. monthly, 7 PM, Yarmouth Regional Hospital, 60 Vancouver St, Lecture Room 1—Main level

**Fredericton, NB HeCSC** Meetings: 7 PM Odell Park Lodge. Contact: Sandi, 452-1982 [sandik@learnstream.com](mailto:sandik@learnstream.com)

**Greater Moncton, N.B. HeCSC** Contact Debi, 1-888-461-4372 or 858-8519, [monchepec@nbnet.nb.ca](mailto:monchepec@nbnet.nb.ca)

**Saint John & Area/HeCSC:** 3<sup>rd</sup> Thurs. monthly, 7 PM, Community Health Centre, 116 Coburg Street. Contact Esmonde, 653-5637, [hepcsj@nb.aibn.com](mailto:hepcsj@nb.aibn.com), [www.isaintjohn.com/hepc/](http://www.isaintjohn.com/hepc/)

### ONTARIO:

**Durham Hepatitis C Support Group** Meetings: 2<sup>nd</sup> Thurs. monthly, 7 PM, St. Mark's United Church, 201 Centre St. South, Whitby. Contact: Smilin Sandi, [smking@home.com](http://smking@home.com) <http://members.home.net/smking/index.htm>, Ken Ng, (905) 723-8521, Jim, (905) 743-0319 or 1-800-841-2729 (Ext. 2170)

**Hep C Niagara Falls Support Group** Meetings: Last Thurs. monthly, 7 PM, Niagara Regional Municipal Environmental Bldg., 2201 St. David's Road, Thurold. Contact: Rhonda, (905)295-4260, Joe (905) 682-6194 or [hepcnf@beco.org](mailto:hepcnf@beco.org)

**HepSEE Barrie Chapter** Meetings: 3<sup>rd</sup> Tues. monthly, 7-9 PM, AIDS Committee of Simcoe County, 80 Bradford Street, Suite 336 Contact: Jeanie, 735-8153 [hepseebarrie@home.com](mailto:hepseebarrie@home.com)

**Kitchener Area Chapter** Meetings: 3<sup>rd</sup> Wed. monthly, 7:30 PM, Cape Breton Club, 124 Sydney St. S., Kitchener. Contact: Carolyn, 893-9136 [lollipop@golden.net](mailto:lollipop@golden.net)

**Windsor Support Group** Meetings: Each Thurs., 7 PM, 1100 University Ave. W. Contact 739-0301 or Ruth or Janice (Hep-C), 258-8954, [truds99@hotmail.com](mailto:truds99@hotmail.com)

### PRAIRIE PROVINCES:

**Edmonton, AB Hepatitis C Informal Support Group** Meetings: 3<sup>rd</sup> Thurs. monthly, 6 PM, 10230-111 Avenue, Conference Room "A" (basement) Contact: Jackie Neufeld, 939-3379

**Edmonton, AB** Contact Fox, 488-5773, 473-7600, or [fox@kihewcarvings.com](mailto:fox@kihewcarvings.com)

**HepSEE WPG Winnipeg** Meetings: Each Wed., 7:30 PM, Sunshine House, 342 Maryland St., Main Floor. Contact David: 774-8123, [jmoritz12@home.com](mailto:jmoritz12@home.com)

**Hepatitis C Resource Centre, Inc., Winnipeg.** Meetings: 1st Tues. monthly 7-9PM, RM# 203, 825 Sherbrook St. (south entrance—parking at rear) Contact: (204) 975-3279 Oct. speaker: Bill McKeen, (program director), Provincial compensation

### QUEBEC:

**Hepatitis C Foundation of Quebec** Meetings: 4<sup>th</sup> Tues. monthly, 7-9 PM, Montreal General Hospital, room A1.109, 1650 Cedar Ave. 7-9 PM., and 3<sup>rd</sup> Wed. monthly, 2-4 PM, 4341 Verdun Ave. Contact Eileen to reserve (limited seating): 769-9040 or [fhcq@qc.aibn.com](mailto:fhcq@qc.aibn.com)